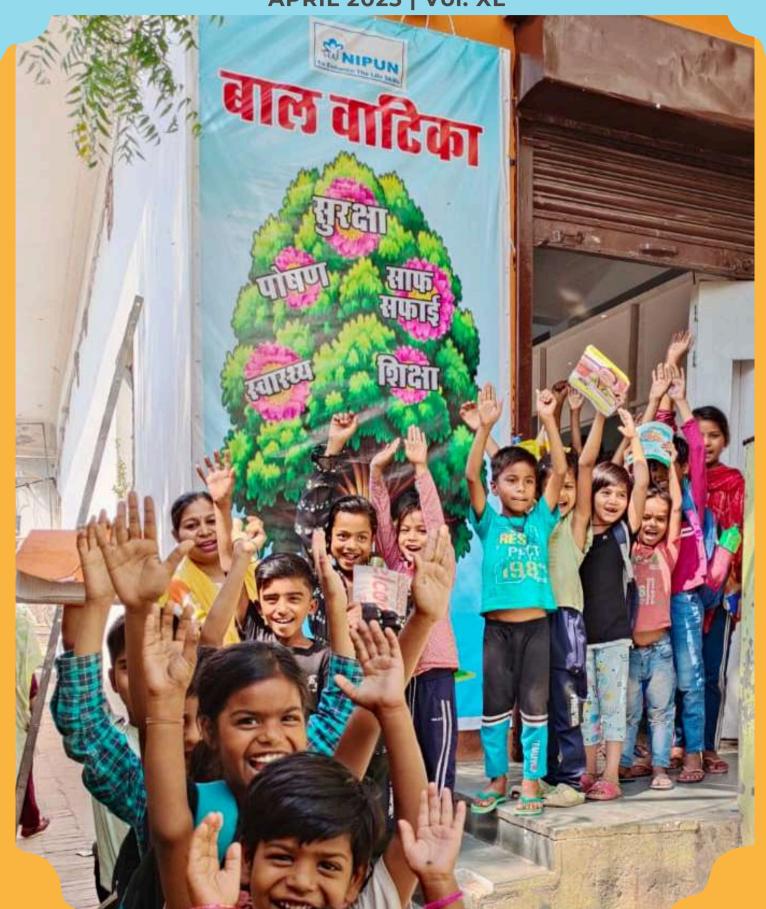


# **MONTHLY NEWSLETTER**

APRIL 2025 | Vol. XL



# **OUR COMMITMENT**

### **VISION**

"A literate, healthy and self-reliant Community"

### **MISSION**

\*Identify and work with socially and economically backward people, especially girls and differently-abled;

\*Enhance people's skills, especially of the youth;
\*Promote community self-reliance through community participation.

### ABOUT NIPUN

"NIPUN" - a Hindi word, meaning 'one who is skilled' - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS
- Empanelled by Institute of Corporate Affairs
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)

#### **SUPPORT**

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

# FROM THE SECRETARY'S DESK

#### Dear Friends,

As the financial year 2025-26 begins, it gives me immense pride to share with you the April 2025 edition of our monthly newsletter—a reflection of NIPUN's unwavering commitment to uplifting lives through education, health, and empowerment.



This month has been marked by impactful initiatives across all our focus areas. From empowering construction workers in Noida through nutrition awareness to celebrating World Health Day with a strong emphasis on maternal and child well-being, our community-driven programs continue to address pressing challenges with compassion and resolve. The Aadhaar registration drive at J.J. Clusters, reaching over 170 children, is a testament to our belief that every child deserves a right to education and identity.

Through our vocational training at the UMANG Vocational Centre, the establishment of digital literacy infrastructure for entrepreneurship and skill development, and awareness campaigns like "School Chalo Abhiyan," we continue to nurture not just individuals but entire communities.

At NIPUN, we believe that the early years of a child's life are the most critical for cognitive, emotional, and social development. Through our Bal Vatikas and Day Care Centres, we provide a nurturing and stimulating environment where young minds are encouraged to explore, question, and learn. With age-appropriate activities, nutritious meals, health check-ups, and holistic teaching practices, we aim to ensure every child gets a strong start—especially those from underserved communities. By investing in early childhood education, we are not only preparing children for formal schooling but also shaping a future that is brighter, more equitable, and full of promise.

We were also honoured to host well-wishers and partners whose encouragement strengthens our resolve. Their presence reminds us that collective effort is at the heart of sustainable development.

I invite you all to continue walking this path with us. Whether through time, skills, or resources, your support empowers NIPUN to build a literate, healthy, and self-reliant community.

With gratitude and determination,

Pradeep Kumar Secretary, NIPUN

#### **Empowering Lives Through Nutrition Awareness**

NIPUN organized a Community Awareness Program on Nutrition for construction workers in Noida, Uttar Pradesh, to promote healthy eating habits and overall well-being.

The session focused on the importance of balanced diets, nutrient-rich foods, and the impact of good nutrition on daily energy levels and long-term health. Workers were educated on affordable yet nutritious food options, meal planning, and ways to combat common deficiencies. Additionally, myths about food and diet were addressed, ensuring participants gained practical knowledge to enhance their family's health.

Engaging discussions and interactive activities made the session both informative and impactful, encouraging workers to make healthier choices despite their demanding work schedules. Here's a glimpse of the initiative in action! By spreading awareness, we aim to build healthier communities and empower individuals with the right knowledge for a better future.



### Aadhaar Registration Camp: Empowering Children for Education!

For the past 20 days, an Aadhaar registration camp has been actively running at J.J. Cluster, Meera Bagh in West Delhi, ensuring that children eligible for school admission get their Aadhaar cards—a crucial document for enrolment.

Many children have been struggling to secure admission due to the lack of an Aadhaar card. This initiative aims to bridge that gap and enable them to access their right to education. So far, 177 children have been mobilized and successfully registered for Aadhaar! Together, we are removing barriers and paving the way for a brighter future for these young minds!



## WORLD HEALTH DAY

#### **World Health Day 2025**

On April 7th, World Health Day is celebrated to commemorate the founding of the World Health Organization (WHO) in 1948 and to raise awareness around a specific global health issue each year. In 2025, the theme is "Healthy beginnings, hopeful futures" with a focus on maternal and newborn health.

NIPUN is actively working to empower the community through awareness and services related to routine immunization, deworming, pre- and post-natal care, cancer prevention, malnutrition, eye care, safe drinking water, and growth monitoring.



#### **Addressing Public Health**

67.1% of children aged 6-59 months in India are anaemic — a serious public health challenge. At NIPUN's Day Care Centres, we're addressing this with care. Under doctors' guidance, we provide iron & multivitamins syrup in addition to the supplementary nutrition to help our little ones grow stronger and healthier every day.

Because every child deserves a healthy start!



### **Empowering Women, One Skill at a Time!**

With the support of <u>#VisionBuilders</u>, NIPUN is proud to run the UMANG II Vocational Training Center in South West Delhi. We're offering certified 6-month courses like Self-Employed Tailoring and Beauty Culture — helping adolescent girls and women from the community become skilled, confident, and entrepreneuriap



Malnutrition robs children of their potential — but together, we can change that.

In India, far too many children under five suffer from stunting, wasting, and being underweight, affecting both body and mind.

At NIPUN, we're committed to reversing this. Guided by medical experts, we're providing malnourished children with specially curated diets, including a nutritious grain mixer, to support their healthy growth and development. Because every child deserves a strong start and a nourished future.



#### **Workshop for NIPUN's Caregivers**

NIPUN is implementing a Bal Vatika project which provides early childhood care and education to children in underserved communities. These centres offer a structured environment that fosters emotional, cognitive, and physical growth—preparing children for a smooth transition into formal schooling. NIPUN recently organized an engaging workshop for our dedicated caregivers, who are at the heart of our Bal Vatika centres—safe, nurturing spaces focused on the holistic development of young children. During the session, caregivers created vibrant and interactive Teaching Learning Materials (TLMs) across key subjects like Hindi, Mathematics, and English. These TLMs are designed to align with the syllabus while making learning fun, effective, and multisensory—helping children retain knowledge for longer!

The more senses we involve in the learning process, the stronger the impact—and that's exactly what these creative tools are designed to achieve.



# Aao Bachho, Hum School Chalein! – Admission Drive by NIPUN

In an inspiring initiative, NIPUN recently organized a School Chalo Abhiyan (admission drive) near our Bal Vatika in the South West District of Delhi—an area largely inhabited by rag pickers and daily wage earners.





The aim was to raise awareness and sensitize the community about the importance of education, encouraging families to enroll their children in nearby MCD/Government schools. Our team also took this opportunity to share information about the free educational and developmental services being offered at NIPUN's Bal Vatikas. Special focus was given to children who have never attended school or have dropped out. These children are being supported through bridge courses at the Bal Vatikas to bring them up to speed and help them transition into formal schooling.

The campaign was met with overwhelming support as most parents enthusiastically agreed to enroll their children—marking a significant step toward building brighter futures for these young learners.



#### **Empowering Mothers | Building Stronger Foundations for Children**

A meaningful session was recently organized for the mothers of children enrolled at NIPUN's Day Care cum Crèche Center in the South West District of Delhi, supported by Mobile Creches. The session focused on the importance of Early Childhood Development (ECD) and its key milestones—insightfully led by Mr. Pradeep Kumar, Secretary of NIPUN.

Additionally, a dedicated session on Child Safety was conducted by Mr. Mohit, Manager of ECCD Programs at NIPUN, emphasizing the vital role of a safe environment in a child's growth and wellbeing. Such initiatives aim to not only educate but also empower parents to become active partners in their child's developmental journey.



#### Abhibhavak Sabha | Strengthening the Bridge Between Home & Bal Vatika

NIPUN recently organized an Abhibhavak Sabha (Parent-Teacher Meeting) in a colony located in the South West District of Delhi, home to a large community of migrant workers primarily engaged in rag picking and scrap dealing. These are the families NIPUN has consistently reached out to, motivating them to send their children to our Bal Vatikas—safe and nurturing spaces designed to support early childhood care and development. During the meeting, parents were informed about the comprehensive range of services provided at the Bal Vatikas. These include hot cooked nutritious meals, special diets for malnourished children, routine health check-ups, growth monitoring, and strong educational support to foster the holistic development of every child in a secure environment. The session also emphasized the importance of early registration for Aadhaar cards, as it is a crucial document required during school admissions. Parents were encouraged to complete this process at the District Magistrate's Office.

The meeting witnessed enthusiastic participation, reflecting the growing trust and involvement of the community in NIPUN's efforts. Through Bal Vatikas, NIPUN continues to build a foundation for a healthier, more educated, and empowered generation.



#### Poshak Aahaar | Nourishing Futures with Love & Care

At our Day Care cum Crèche in the South West District of Delhi—run in collaboration with Mobile Creches—NIPUN is committed to the holistic development of children from underserved communities. The center provides a safe, nurturing environment healthy early childhood education, healthcare, and nutritious meals to ensure that every child grows up healthy, happy, and school-ready.

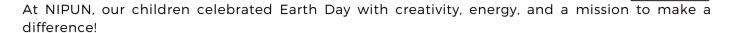
Recently, NIPUN took another step toward supporting families by distributing bags of nutritious food (Poshak Aahaar) to mothers. Along with the food, guidance was also shared on how to prepare these meals at home to ensure continued nourishment even beyond the center. Together, we're building a foundation of health, care, and opportunity for every child.





### **Nurturing Young Minds for a Brighter Future!**

Celebrating Earth Day 2025 with #OurPowerOurPlanet!



Aligned with the global theme <u>#OurPowerOurPlanet</u>, the day focused on promoting renewable energy and building sustainable habits for a better tomorrow. The young change makers created powerful posters and marched through their communities, spreading awareness about clean energy, conservation, and the urgent need to protect our planet. Their voices, full of hope and determination, inspired many to reflect, rethink, and take action — proving that even the smallest voices can create the loudest impact. Together, we're not just celebrating Earth Day — we're igniting a movement for a cleaner, greener, and more resilient future.





### World Book Day 2025

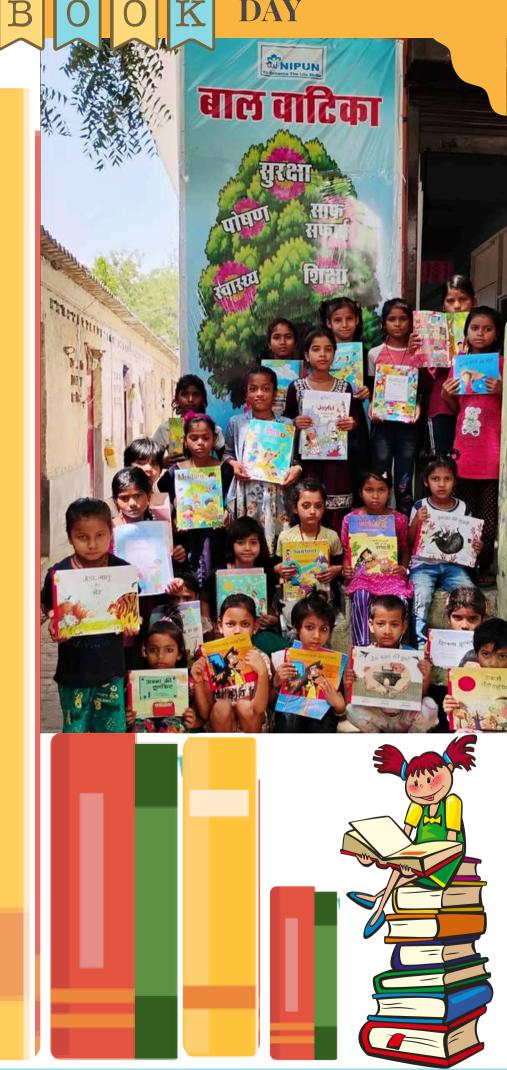
WORLD

World Book Day, observed annually on April 23rd, is a global celebration of the joy and power of books. It encourages individuals of all ages to immerse themselves in the world of reading and writing.

Αt NIPUN **Education** Centres, we are passionate about nurturing this love for books and fostering culture of literacy. We actively encourage children, and the wider youth, community to explore the magic that books offer. To support this. **NIPUN** Education Centres have established small libraries across our facilities, offering easy access to a diverse range of reading materials.

In our community projects, **NIPUN** continues promote the importance of reading. From conducting bridge courses and remedial education for to hosting learners engaging storytelling sessions with preschool children, we strive to instil a lifelong love for books.

Moreover, we aim to promote literacy among adults, raising awareness about essential topics like financial and legal literacy through interactive discussions, film screenings, and informative posters.



#### **Bringing Every Child to School!**

Under the NIPUN Shiksha Saheli Project in South East Delhi, children—along with the support of caregivers—took a powerful step towards inclusive education by organizing an admission drive in a local slum community. The drive focused on identifying children who have dropped out or never attended school, especially those who recently migrated with their families. The aim is to enroll them in nearby government schools for the new academic session.

With spirited slogans like "School Chalo," "Ladka-Ladki Ek Samaan," and "Sabko Shiksha, Sabko Gyaan," the children went door-to-door, rallying the community and spreading awareness. As a result, 48 children were identified and listed for admission—a beautiful start towards a brighter, more educated future!



#### From Slums to Safe Spaces - NIPUN's Bal Vatikas Are Changing Lives Every Day

NIPUN is implementing Day Care Centers — Bal Vatikas — in the South West District of Delhi. Committed to empowering children through education and care, NIPUN aims to create a brighter and more secure future by establishing crèches and day care centers, providing health and nutrition supplements, offering special diets for malnourished children, delivering educational support, engaging with the community, and implementing economic empowerment initiatives.

The centers cater to children enrolled in crèche, balwadi, and day care programs. Through these Bal Vatikas, more than 225 children are being supported, enabling their mothers to pursue economic opportunities and become financially independent.

The target area is home to a large population of migrant laborers from northern Indian states. It is characterized by poor living conditions, limited access to education and healthcare, and economic instability. Many families rely on unskilled labor and rag picking as their primary sources of income, facing challenges such as low wages and lack of essential services.









#### Inspiring Day: Vision Builders Meet NIPUN

We were honoured to welcome Ms. Smita Abbi, President of Vision Builders, Ms. Suhani Abbi and Prof. Satish Abbi to our Umang II Center in South West District, supported by Vision Builders. The visit began with a traditional welcome by our enthusiastic trainees, followed by a vibrant cultural performance by the children of Swagat Kendra.

Ms. Abbi and Prof. Abbi interacted with the newly enrolled students of the Self-Employed Tailor and Beauty & Wellness programs, sharing words of encouragement and inspiration. A heartfelt thank you to Ms. Smita Abbi, Prof. Satish Abbi, and Vision Builders for believing in our mission and empowering young lives!

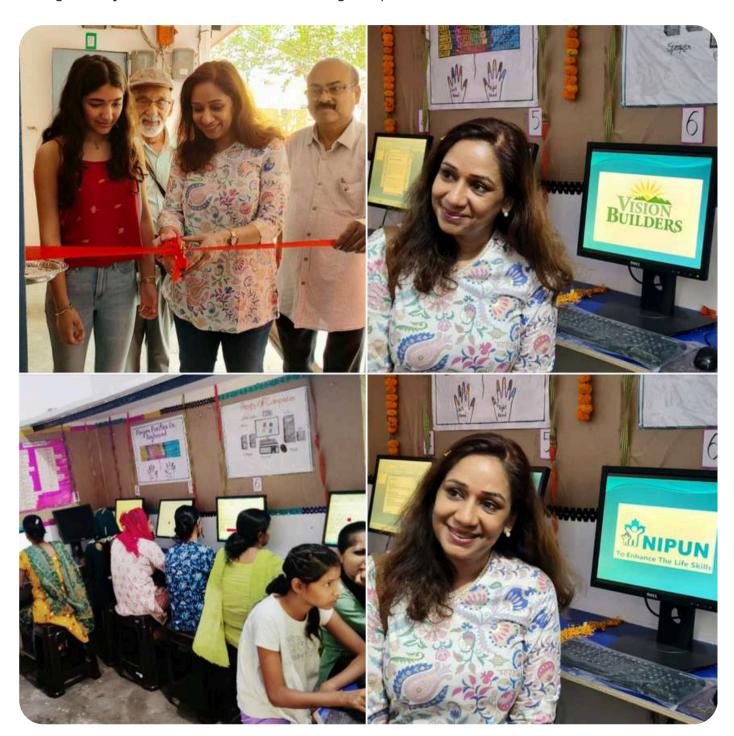


#### Digital Literacy for All: Vision Builders Inaugurates NIPUN's Computer Center

With the generous support of Vision Builders, NIPUN is offering skill development programs in Beauty & Wellness, Self-Employed Tailor, Tally & Accounts, and Basic Computers in West Delhi. In South West Delhi, we're running Self-Employed Tailor and Beauty & Wellness courses.

Recently, we celebrated the inauguration of our new Computer Center by Ms. Smita Abbi at South West Delhi, President of Vision Builders, alongside Prof. Satish Abbi, Ms. Suhani Abbi, and many members of the NIPUN team. This new facility will provide digital literacy training, empowering more young lives with the skills they need to thrive.

A big thank you to Vision Builders for making this possible!



#### Prioritizing Health at NIPUN's Bal Vatika Centre

A Health Check-up and Growth Monitoring activity was successfully conducted for 175 children, aged birth to 12 years, enrolled at our Bal Vatika Center. Ensuring the well-being of our children is at the heart of everything we do. Regular health check-ups help us track their growth, identify early concerns, and promote a healthier future.



#### A Special Visit from a well-wisher from USA to NIPUN

We were honoured to welcome Shri Deepesh Jain, a valued well-wisher of NIPUN from the United States, who visited our Umang II Project in South West Delhi. During his visit, he interacted with the beneficiaries and had the opportunity to learn about the positive impact of our skill development programs.

Shri Jain's encouragement and support inspire us to continue our mission of empowering underprivileged communities through education and skill-building initiatives. His visit reinforced our commitment to creating brighter futures for the youth in our communities. A heartfelt thank you to Shri Deepesh Jain for his unwavering support and for taking the time to connect with our beneficiaries.





# **SNAPSHOT**



### APPEAL



NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

You can join our efforts by contributing your time, skills money for or strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

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